

# SCHEDULE FOR CMTS - 2019

TEST NUMBER	DATE	SYALLABUS	SUGGESTIVE READING AND STRATEGY
<b>Test Paper 1</b>	<b>16-June-2019, Sunday</b>	<p><b>GS Paper I: Modern Indian History</b></p> <ul style="list-style-type: none"> <li>- Modern Indian history from about the middle of the eighteenth century until the present significant events, personalities, issues.</li> <li>- The Freedom Struggle - its various stages and important contributors/contributions from different parts of the country.</li> <li>- Post-independence consolidation and reorganization within the country.</li> <li>- GS Paper I: Indian Society</li> <li>- Salient features of Indian Society, Diversity of India.</li> <li>- Role of women and women's organization, population and associated issues, poverty and developmental issues, urbanization, their problems and their remedies.</li> <li>- Effects of globalization on Indian society.</li> <li>- Social empowerment, communalism, regionalism and secularism.</li> </ul>	<ul style="list-style-type: none"> <li>• Old NCERT – Modern History (Bipan Chandra)</li> <li>• Bipan Chandra's "India's Struggle for freedom" OR Shekhar Bandhopadhyay's "From Plassey to Partition"</li> <li>• "A Brief History of Modern India" -Spectrum Publication</li> <li>• Chanakya Class Notes for Modern Indian History</li> <li>• Indian Society - Class XI NCERT</li> <li>• Social problems in India - Ram Ahuja</li> <li>• Chanakya Current Affairs</li> </ul> <p>For Modern History, the recent trends are indicative of the fact that aspirants should focus more on inculcating habit of Critical Analysis rather than focusing on the facts of the subject. In the recent years UPSC is asking questions such as "Role of women in Indian independence", "Comparative analysis of Ideas of Gandhi vis-a-vis Ambedkar etc. which suggest that there is less need for mugging up the entire syllabus, but rather doing a more analytical reading of the subject.</p> <p>A keen understanding of contemporary issues is needed to score good marks in Indian Society Section of the Syllabus.</p>
<b>Test Paper 2</b>	<b>23-June-2019, Sunday</b>	<p><b>GS Paper I: World History</b></p> <ul style="list-style-type: none"> <li>- History of the world will include events from 18th century such as industrial revolution, world wars, redrawing of national boundaries, colonization, decolonization, political philosophies like communism, capitalism, socialism, etc. their forms and effect on the society.</li> </ul> <p><b>GS Paper I: Art and Culture</b></p> <ul style="list-style-type: none"> <li>- Indian culture will cover the salient aspects of Art Forms, Literature and Architecture from ancient to modern times.</li> </ul>	<ul style="list-style-type: none"> <li>• Old NCERT of World History – Class X and XII by Arjun Dev</li> <li>• Mastering Modern World History by Norman Lowe</li> <li>• NIOS – Art and Culture</li> <li>• An introduction to Indian Art - Class XI NCERT</li> <li>• Chanakya Current Affairs</li> </ul> <p>Focus on the key words of the syllabus of World History. You need to prepare it smartly by observing the pattern in previous years. For example, UPSC has asked question on decolonization consecutively in the last two years. Art and Culture forms an important part of GS Paper-I.</p>

			In the recent years, number of questions asked from this section has increased. From Mains perspective you should try to cover the topics in broader perspective rather than mugging each intricate detail.
<b>Test Paper 3</b>	<b>30-June-2019, Sunday</b>	<p><b>GS Paper I: Geography</b></p> <ul style="list-style-type: none"> <li>- Salient features of World's Physical Geography</li> <li>- Distribution of key natural resources across the world (including South Asia and the Indian subcontinent); factors responsible for the location of primary, secondary, and tertiary sector industries in various parts of the world (including India).</li> </ul> <p><b>GS Paper III: Environment</b></p> <ul style="list-style-type: none"> <li>- Conservation, environmental pollution and degradation, environmental impact assessment.</li> </ul>	<ul style="list-style-type: none"> <li>• Class XI NCERT: Fundamental of Physical Geography</li> <li>• Class XI NCERT: India Physical Environment</li> <li>• Class XII NCERT: India - People and Economy</li> <li>• Old NCERT books - Class VI, VII, VIII</li> <li>• Certified Physical and Human Geography by Goh Cheng Leong</li> <li>• Selective reading of World Geography by Majid Hussain</li> <li>• Ecology and Environment by Chanakya Publications</li> <li>• Class VII NCERT: Our Environment</li> <li>• Class XII Biology NCERT - Unit 10 on Ecology</li> <li>• Chanakya Current Affairs</li> </ul> <p>Geography is a concept oriented subject. Nuances of Subject is covered holistically in NCERT books. In technical Subject like geography, Smart work can yield better results and aspirants can also dig the internet for understanding difficult concepts. Analysis of previous year questions will help you to better align your preparation with recent trends.</p> <p>In recent times, UPSC has shifted its focus on current based questions in Environment. Hence a balanced approach is needed to score good marks in this subject. We suggest you to inculcate habit of linking current issues with basic concepts.</p>
<b>Test Paper 4</b>	<b>7-July-2019, Sunday</b>	<p><b>GS Paper I: Geography</b></p> <ul style="list-style-type: none"> <li>- Important Geophysical phenomena such as earthquakes, Tsunami, Volcanic activity, cyclone, etc., geographical features and their location</li> <li>- changes in critical geographical features (including water bodies and ice-caps) and in flora and fauna and the effects of such changes.</li> </ul>	<ul style="list-style-type: none"> <li>• Class XI NCERT: Fundamental of Physical Geography</li> <li>• Class XI NCERT: India Physical environment</li> <li>• Class XII NCERT: India - People and Economy</li> <li>• Old NCERT books - Class VI, VII, VIII</li> <li>• Certified Physical and Human Geography by Goh Cheng Leong</li> </ul>

		<p><b>GS Paper III: Disaster Management</b></p> <ul style="list-style-type: none"> <li>- Disaster and Disaster Management</li> </ul> <p><b>GS Paper III: Science &amp; Technology</b></p> <ul style="list-style-type: none"> <li>- Science and Technology - developments and their applications and effects in everyday life; Achievements of Indians in science &amp; technology; indigenization of technology and developing new technology.</li> <li>- Awareness in the fields of IT, Space, Computers, robotics, nanotechnology, biotechnology and issues relating to intellectual property rights.</li> </ul>	<ul style="list-style-type: none"> <li>• Selective reading of World Geography by Majid Hussain</li> <li>• Disaster management – Yojana magazine</li> <li>• The Hindu (Sci&amp;Tech section), The Indian Express (Explained Section)</li> <li>• Chanakya Current Affairs</li> </ul> <p>Both Disaster Management and Science &amp; Technology are current affairs specific topics from the Mains perspective. So, you should keep tap on the news.</p>
Essay 1	14-July-2019, Sunday, 1 <sup>st</sup> Half	<p><b>Candidates will be required to write an essay on a specific topic. The choice of subjects will be given.</b></p> <p><b>They will be expected to keep closely to the subject of the essay to arrange their ideas in orderly fashion, and to write concisely. Need to inculcate habit of effective and exact expression.</b></p>	
Case Study 1	14-July-2019, Sunday, 2 <sup>nd</sup> Half	<b>Case Studies based on syllabus of GS Paper IV</b>	<b>Refer syllabus of GS Paper IV.</b>
Test Paper 5	21-July-2019, Sunday	<p><b>GS Paper II: Constitution, Polity</b></p> <ul style="list-style-type: none"> <li>- Indian Constitution - historical underpinnings, evolution, features, amendments, significant provisions and basic structure.</li> <li>- Functions and responsibilities of the Union and the States, issues and challenges pertaining to the federal structure, devolution of powers and finances up to local levels and challenges therein.</li> <li>- Separation of powers between various organs dispute redressal mechanisms and institutions.</li> </ul>	<ul style="list-style-type: none"> <li>• 11th NCERT: Indian Constitution at Work</li> <li>• Indian Polity by M. Laxmikant OR Introduction to the Constitution of India: D.D. Basu</li> <li>• Chanakya Class Notes (Mains Batch)</li> <li>• PRS (<a href="http://www.prsindia.org">www.prsindia.org</a>)</li> <li>• PIB</li> <li>• Yojana and Kurukshetra</li> <li>• 2nd ARC report and Puncchi Commission Report.</li> <li>• Chanakya Current Affairs</li> </ul>

		<ul style="list-style-type: none"> <li>- Comparison of the Indian constitutional scheme with that of other countries.</li> <li>- Parliament and State Legislatures - structure, functioning, conduct of business, powers &amp; privileges and issues arising out of these.</li> <li>- Structure, organization and functioning of the Executive and the Judiciary Ministries and Departments of the Government; pressure groups and formal/informal associations and their role in the Polity.</li> <li>- Salient features of the Representation of People's Act.</li> <li>- Appointment to various Constitutional posts, powers, functions and responsibilities of various Constitutional Bodies.</li> <li>- Statutory, regulatory and various quasi-judicial bodies.</li> </ul>	<p>As per the recent trends of questions, Constitution and Indian Polity along with governance and social justice carries the highest weightage and around 15-17 questions are regularly asked from these sections in the mains examination. An integrated approach of linking current affairs with basic concepts will help you to develop critical power of assimilation and ultimately it will help you to inculcate a balanced opinion on Governance related topics. The government website such as PIB and other websites such as PRS provide a helpful insights and analysis of the topics including current issues. These websites should also be used to fill the voids in the preparation. To ensure that your preparation is holistic, we would also suggest you to do a selective reading of Yojana or Kurukshetra magazine.</p>
<p><b>Test Paper 6</b></p>	<p><b>28-July-2019, Sunday</b></p>	<p><b>GS Paper II: Governance, Social Justice</b></p> <ul style="list-style-type: none"> <li>- Government policies and interventions for development in various sectors and issues arising out of their design and implementation.</li> <li>- Role of civil services in a democracy.</li> <li>- Important aspects of governance, transparency and accountability, e-governance - applications, models, successes, limitations, and potential; citizens charters, transparency &amp; accountability and institutional and other measures.</li> <li>- Development processes and the development industry - the role of NGOs, SHGs, various groups and associations, donors, charities, institutional and other stakeholders.</li> </ul>	<ul style="list-style-type: none"> <li>• Governance in India by Laxmikanth</li> <li>• Schemes and Programs from India year Book and Economic Survey</li> <li>• Yojana and Kurukshetra</li> <li>• 2<sup>nd</sup> ARC Report</li> <li>• The Hindu and Indian Express</li> <li>• Chanakya Current Affairs</li> </ul> <p>The suggested study material for this topic is quite extensive and therefore you need to do the selective reading from these books/magazines keeping in mind the syllabus. Again, the current affairs play an important role for preparing this section.</p>

		<ul style="list-style-type: none"> <li>- Welfare schemes for vulnerable sections of the population by the Centre and States and the performance of these schemes; mechanisms, laws, institutions and Bodies constituted for the protection and betterment of these vulnerable sections.</li> <li>- Issues relating to development and management of Social Sector/Services relating to Health, Education, Human Resources.</li> <li>- Issues relating to poverty and hunger.</li> </ul>	
<p><b>Test Paper 7</b></p>	<p><b>4-Aug. - 2019, Sunday</b></p>	<p><b>GS Paper II: International Relations</b></p> <ul style="list-style-type: none"> <li>- Bilateral, regional and global groupings and agreements involving India and/or affecting India's interests.</li> <li>- Effect of policies and politics of developed and developing countries on India's interests, Indian diaspora.</li> <li>- Important International institutions, agencies and for a - their structure, mandate.</li> </ul> <p><b>GS Paper III: Security Issues</b></p> <ul style="list-style-type: none"> <li>- Linkages between development and spread of extremism.</li> <li>- Role of external state and non-state actors in creating challenges to internal security.</li> <li>- Challenges to internal security through communication networks, role of media and social networking sites in internal security challenges, basics of cyber security; money-laundering and its prevention.</li> <li>- Security challenges and their management in border areas; linkages of organized crime with terrorism.</li> <li>- Various security forces and agencies and their mandate.</li> </ul>	<p><b>International relations</b></p> <ul style="list-style-type: none"> <li>• <a href="https://idsa.in/">https://idsa.in/</a></li> <li>• The Hindu and Indian Express</li> <li>• Chanakya Current Affairs</li> <li>• Ministry of External Affairs website</li> <li>• Challenges and strategy: Rethinking India's foreign policy by Rajiv Sikri</li> </ul> <p><b>Security issues</b></p> <ul style="list-style-type: none"> <li>• Ministry of Home Affairs website</li> <li>• Challenges to internal security of India by TMH publication</li> </ul> <p>From the mains perspective, it is important to focus on the current affairs for both the topics. But we would still recommend you to read the static and basic part from the books that we have suggested above. This will help you in getting the holistic overview of the topic.</p>

<p><b>Test Paper 8</b></p>	<p><b>11-Aug. - 2019, Sunday</b></p>	<p><b>GS Paper III: Economic Development</b></p> <ul style="list-style-type: none"> <li>- Indian Economy and issues relating to planning, mobilization of resources, growth, development and employment.</li> <li>- Inclusive growth and issues arising from it.</li> <li>- Government Budgeting.</li> <li>- Major crops cropping patterns in various parts of the country, different types of irrigation and irrigation systems storage, transport and marketing of agricultural produce and issues and related constraints; e-technology in the aid of farmers.</li> <li>- Issues related to direct and indirect farm subsidies and minimum support prices; Public Distribution System - objectives, functioning, limitations, revamping; issues of buffer stocks and food security; Technology missions; economics of animal-rearing.</li> </ul>	<ul style="list-style-type: none"> <li>• Class XI NCERT: Indian Economic Development</li> <li>• Indian Economy: Performance and Policies by Uma Kapila</li> <li>• Economic Survey</li> <li>• The Hindu and Indian Express</li> <li>• Chanakya Current Affairs</li> <li>• Govt. websites for topics like PDS, initiatives in food processing etc.</li> </ul>
		<ul style="list-style-type: none"> <li>- Food processing and related industries in India- scope and significance, location, upstream and downstream requirements, supply chain management.</li> <li>- Land reforms in India.</li> <li>- Effects of liberalization on the economy, changes in industrial policy and their effects on industrial growth.</li> <li>- Infrastructure: Energy, Ports, Roads, Airports, Railways etc.</li> <li>- Investment models.</li> </ul>	<p>Indian Economy is one of the more scoring topics as far as Main Examination is concerned. You must be aware of the basic economics vocabulary. For this you can take help from any standard book available in the market. Newspaper plays a very important role for covering the syllabus.</p>

<p><b>Test Paper 9</b></p>	<p><b>18-Aug. - 2019, Sunday</b></p>	<p><b>GS Paper IV: Ethics, Integrity and Aptitude</b></p> <ul style="list-style-type: none"> <li>- Ethics and Human Interface: Essence, determinants and consequences of Ethics in human actions; dimensions of ethics; ethics in private and public relationships.</li> <li>- Human Values – lessons from the lives and teachings of great leaders, reformers and administrators; role of family, society and educational institutions in inculcating values.</li> <li>- Aptitude and foundational values for Civil Services, integrity, impartiality and non-partisanship, objectivity, dedication to public service, empathy, tolerance and compassion towards the weaker sections.</li> <li>- Public/Civil service values and Ethics in Public administration: Status and problems; ethical concerns and dilemmas in government and private institutions; laws, rules, regulations and conscience as sources of ethical guidance; accountability and ethical governance; strengthening of ethical and moral values in governance; ethical issues in international relations and funding; corporate governance.</li> <li>- Case Studies on above issues</li> </ul>	<ul style="list-style-type: none"> <li>• 2<sup>nd</sup> ARC report on Ethics in Governance</li> <li>• IGNOU</li> <li>• Ethics, Integrity and Aptitude by G. Subba Rao</li> <li>• Chanakya Publication's Ethics, Integrity and Aptitude</li> <li>• Chanakya IAS Academy's Case Study Booklet</li> </ul>
<p><b>Test Paper 10</b></p>	<p><b>25-Aug. - 2019 Sunday</b></p>	<p><b>GS Paper IV: Ethics, Integrity and Aptitude</b></p> <ul style="list-style-type: none"> <li>- Contribution of Moral Thinkers and philosophers from India and World.</li> <li>- Attitude: content, structure, function; its influence and relation with thought and behavior; moral and political attitudes; social influence and persuasion.</li> </ul>	<ul style="list-style-type: none"> <li>• 2<sup>nd</sup> ARC report on Ethics in Governance</li> <li>• IGNOU</li> <li>• Ethics, Integrity and Aptitude by G. Subba Rao</li> <li>• Chanakya Publication's Ethics, Integrity and Aptitude</li> <li>• Chanakya IAS academy's Case study booklet</li> </ul>



		<ul style="list-style-type: none"> <li>- Emotional intelligence-concepts, and their utilities and application in administration and governance.</li> <li>- Probity in Governance: Concept of public service; Philosophical basis of governance and probity; Information sharing and transparency in government, Right to Information, Codes of Ethics, Codes of Conduct, Citizen's Charters, Work culture, Quality of service delivery, Utilization of public funds, challenges of corruption.</li> <li>- Case Studies on above issues</li> </ul>	
<b>Essay 2</b>	<b>1-Sept.-2019, 1<sup>st</sup> Half</b>	<p><b>Candidates will be required to write an essay on a specific topic. The choice of subjects will be given.</b></p> <p><b>They will be expected to keep closely to the subject of the essay to arrange their ideas in orderly fashion, and to write concisely. Need to inculcate habit of effective and exact expression.</b></p>	
<b>English Compulsory</b>	<b>1- Sept.- 2019 , 2<sup>nd</sup> Half</b>	<b>English Comprehension &amp; English Precis will be to test the English language Comprehension and English précis writing skills (at 10th standard level).</b>	<b>Based on UPSC pattern.</b>
<b>Test Paper 11</b>	<b>8-Sept. - 2019, Sunday</b>	<b>Full Length Test #1 - Entire syllabus of GS Paper I</b> Indian Heritage and Culture, History and Geography of the World and Society	UPSC Mains Simulation Test
<b>Test Paper 12</b>	<b>10-Sept. - 2019, Tuesday</b>	<b>Full Length Test #2- Entire syllabus of GS Paper II</b> Governance, Constitution, Polity, Social Justice and International Relations	<b>UPSC Mains Simulation Test</b>
<b>Test Paper 13</b>	<b>12-Sept. - 2019, Thursday</b>	<b>Full Length Test #3- Entire syllabus of GS Paper III</b> Technology, Economic Development, Biodiversity - Environment, Security and Disaster Management	<b>UPSC Mains Simulation Test</b>
<b>Test Paper 14</b>	<b>15-Sept. - 2019, Sunday</b>	<b>Full Length Test #4- Entire syllabus of GS Paper IV</b> Ethics, Integrity and Aptitude	<b>UPSC Mains Simulation Test</b>